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Believe in Yourself

Foundation Online Safety 2018-19



For parents and carers

Keeping children safe online

Children love using technology like iPads and smartphones from a young age. Children need support with this.

Where do I start?

Use the internet together and look out for any safety features that may be available.

Should I set any rules?

Remember, what's right and wrong offline is also right and wrong online. Set expectations for your child about what is acceptable for their age.

How can I supervise my child?

Place your devices somewhere you can see them so that you can monitor their use.

What games are ok for my child to play?

It is important that the games your children play are the correct age rating, which is determined by the game's content. Playing games yourself can be fun and will also enable you to identify the safety features provided, such as reporting to a moderator, and help you identify whether in-app adverts are displayed or purchasing is allowed. You can disable 'in-app' purchasing on a number of devices within the settings.

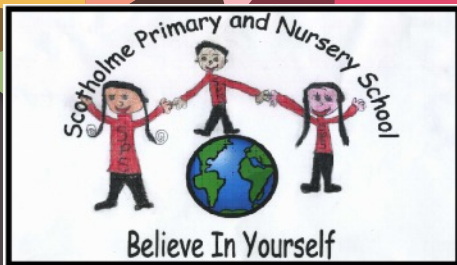
www.childnet.com/resources/smartie-the-penguin

Talk, talk talk!

Make sure you talk about using the Internet - the more we all talk about it, the more confident all of us will be.

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Where can I report?

For full advice on reporting inappropriate content visit childnet.com/parents-and-carers.

How much time is too much time?

Agree time limits with your child and remove portable devices from your child's bedroom at night to avoid tiredness.

Are there tools to help?

Parental controls are a great help, but not a complete solution. They work best in combination with supervision and engagement with your children, to help them understand how to stay safe online.

What advice can I give my child?

Discuss the importance of telling an adult immediately if someone, or something, upsets them online. It is also important that your child realises that other internet users may not be who they say they are and that 'friends' made online are still strangers, so all personal information should be kept safe. Help your child to learn this phrase, and act upon it:

Before you tap and click...

You need to stop and think...

And TELL someone!

Helpful websites

www.childnet.com/parents-and-carers.

www.childnet.com/resources/digiduck-stories

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