

Scotholme Primary School Statement on Relationships, Sex and Health Education 2020/21



Relationships, Sex and Health Education (RSHE) became a statutory part of Personal, Social, Health and Economic Education (PSHEE) curriculum in September 2020.

RSHE is a small part of the PSHEE curriculum. Included in PSHEE are

- Emotional and Mental Wellbeing,
- Physical Health Education,
- Citizenship,
- Internet Safety,
- Anti-bullying,
- Drug Education,
- Financial Education
- Careers and Enterprise
- Transition between year groups and school

RSHE consists of three main parts:-

Health Education - mental wellbeing, internet safety, healthy eating, physical health and fitness, drugs and tobacco, health prevention, basic first aid and the changing body (only year 5 and 6)

Relationships Education - Families and people who care for me, caring friendships, respectful relationships, online relationships and being safe

Sex Education - only taught in year 6 covering reproduction and changes in the body.

Many of the PSHEE objectives are also covered in the Science and PE curriculums.

Programmes used to deliver RSHE

In all schools within the SHINE Multi Academy Trust, the main resource used in school is the Christopher Winter Project (which Scotholme Primary has used successfully over the last few years). This is mainly taught as subject specific lessons.

The curriculum is also supported by other programmes such as the Life Education Bus, the GREAT project, Gang and Knife Aware and the DARE project, plus one off assemblies e.g. Safer Internet day, theme weeks e.g. Anti-bullying week and other enrichment activities. We are also supported by the

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PSHE Association and SCARF (Safety, Caring, Achievement, Resilience and Friendship programme)

The learning outcomes for each year group from the Christopher Winter project can be found on the school website. We consult regularly with our parents, community and with reference to the Faith and Relationships booklet produced by Nottingham City Council, written alongside the main religious leaders from our faith communities.

Assessment of RSHE in school

The school uses the SHINE Trust PSHEE schemes of work which cover all the objectives for RSHE. Assessment is undertaken through discussions with pupils, completion of activities and work booklets, quizzes and peer assessment. Teachers will make a judgement using all these means to ascertain if a child has successfully passed an objective.

Towards the end of the school year, each child will receive one of three measures for all their PSHE work in the year, including RSHE. This will either be:-

WTS - Working towards the expected level of that year group

EXS - Working at the expected level for that year group

GDS - Working at a level greater than the expected level for that year group

Opting Out of RSHE

RSHE is a statutory part of the national curriculum and parents are unable to opt out of the relationships and health education aspects. The sex education, which is **only taught in year 6** does allow parents the opportunity to opt out. We would ask that you consider opting out very carefully, as in our experience tells us, children will often find out the wrong information from other children or from other less reliable sources.

We will endeavour to inform you the week before any teaching of RSHE is going to occur so that you are fully aware.

RSHE Leads in School

Paula Atkins, Razia Akhtar and Carl Hollis