

# Sport Relief



Sport Relief is a bi-annual event, where we raise money for the less fortunate people, who do not have basic human rights.

Imagine what your life would be like if you had to miss school - the only thing that would give you a good future - and walk miles after miles to get water that may still be dirty .We take water for granted: all we need to do is turn on a tap and we have clean running water! We could still help by taking shorter showers instead of baths; we can also turn the tap off when we brush our teeth. You may think that this doesn't help, but you would be amazed at the amount of water that we can save.



# **What is Sport Relief?**

**Sport Relief is a major fundraising campaign run by Comic Relief. Lots of celebrities raise money for Sport Relief by doing different type of sports and by being sponsored to do them.**

**For example, Helen Skelton set a Guinness World Record when she travelled 500**



**miles by ski, bike and kite to the South Pole. Also, Eddie Izzard went the extra mile (1,245 to be exact), running 43 Marathons in 51 days .**

**Count down from 21 seconds...now a child has died-in a day over 4000**



**children die because they do not have clean water to drink.**

**In a year 3.5 million people die from water related diseases and a large number of them are children.**

**On an average a family house uses 1500 litres of water a day.**

**Now imagine you have to carry that amount of water every single day. In Scotholme, there are 450 children: if you put them all together, they would just about be able to carry 1500 litres of water. Would you**

**walk mile after mile to get water that may still be dirty and carry 1500 litres of water back?**



# **How you could help?**

**At the end of this we are expecting to have raised as much money as possible to help people who live in places, where there have been wars and droughts.**



**We would appreciate it if you could help by donating some money and joining in by getting sponsored and joining in by doing all kinds of things such as running, swimming, skydiving(!), biking and skiing.**

**Every penny helps!**

**I'm so happy that I don't have to walk miles after miles anymore to get clean water I can just walk a couple of metres and I get clean water. I am also very happy that I get to go school and see my friends!**

