

Scotholme Primary School RSHE Curriculum 2020/21
Year 1 Scheme of Work - Growing and Caring for Ourselves



<p style="text-align: center;">PSHE Programme of Study Core Theme 1: Health and Wellbeing</p>	<p style="text-align: center;">Learning Intentions and Learning Outcomes</p>	<p style="text-align: center;">Lesson Title</p>
<ul style="list-style-type: none"> • the importance of and how to maintain personal hygiene • about the process of growing from young to old and how people's needs change • the names for the main parts of the body the similarities and differences between boys and girls • about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them 	<p style="text-align: center;">Learning Intention To understand some basic hygiene principles</p> <p style="text-align: center;">Learning Outcomes Know some differences and similarities between males and females Name male and female body parts using agreed words</p>	<p style="text-align: center;">Lesson 1 Keeping Clean</p>
	<p style="text-align: center;">Learning Intention To introduce the concept of growing and changing</p> <p style="text-align: center;">Learning Outcomes Understand that babies become children and then adults Know the differences between boy and girl babies</p>	<p style="text-align: center;">Lesson 2 Growing and Changing</p>
	<p style="text-align: center;">Learning Intention To explore different types of families and who to ask for help</p> <p style="text-align: center;">Learning Outcomes Know there are different types of families Know which people we can ask for help</p>	<p style="text-align: center;">Lesson 3 Families and Care</p>
<p>Vocabulary</p> <p>Clean, similar different, boy, girl, family, female, male, private parts</p>		

Life Education Bus - My Wonderful Body - looking at food groups and exercise, plus solving conflicts